

BROOKLYN VILLAGE NEWS March 12th, 2015

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Village Board - Nadine Walsten, PresidentPersonnel – Nadine Walsten, ChairEconomic Development – Heather Kirkpatrick, ChairPlanning/Zoning – Nadine Walsten, ChairFinance – John McNaughton, ChairPublic Works – Todd Klahn, ChairOrdinance – Pat Hawkey, ChairRecreation – Stacey Hardy, Chair
Safety – Sue McCallum, Chair

MOVIE NIGHT IS APRIL 4TH

DOORS OPEN AT 6:30PM

CONCESSIONS AVAILABLE

MOVIE STARTS AT 7:00PM

CLUE:

"THIS MAY UNDERMINE MY NON-

THREATENING, HUGGABLE DESIGN."

MOVIE HELD AT THE BROOKLYN COMMUNITY BUILDING

BROOKLYN VILLAGE BOARD MEETING MINUTES MARCH 9, 2015

The March 9, 2015, Village Board meeting of the Village of Brooklyn was called to order at 6:36pm in the Village Hall by President Nadine Walsten. Trustees present were Pat Hawkey, Dorothy Frandy, John McNaughton, Zach Leavy. Trustee McCallum arrived at 6:40 p.m. and Trustee Klahn arrived at 7:15 p.m. Others present were Clerk Strause, PW Director Langer, Britt Springer, Teresa Pelton, Tim Fenner, Heather Kirkpatrick. All stood for the Pledge of Allegiance.

Public Comments- Trustee Hawkey excused herself from the Board and handed out packets regarding her objection at the 3-4-15 finance meeting to pay the attorney invoice of \$412.50 from Axley. This invoice was from a Personnel Committee on 1/12/15 in Madison. Hawkey guestioned the need for a private meeting just with the Personnel Committee when the new law firm informed the Board that it would do an orientation for the Board for free. As she was told there were important/emergency personnel issues, there are still no minutes from the January meeting and the Board has not been updated on these issues. Hawkey continued she has "sat through" at least five committee meetings and the last Board meeting regarding payment of uniforms for the police department. She requested the Board to "give as much scrutiny to attorney billings as the uniform issue. Last year the Village spent over \$14,000 in attorney billings from the general fund that is not the cost for municipal court." She asked all Board members to request a copy of an itemized attorney billing. "The next issue is the cost of reviewing ordinances by our attorney when Municipal Code does a legal review when codified and then sent back to the Village for review. Current charge for a one hour review by the Village attorney is \$165 per hr. Several committee members have asked to have items sent to the attorney for review before going to the Board first with estimated costs for attorney review known before the cost is incurred so that everyone is aware of items that will appear on the monthly billing statements. In the future, the Board needs to review policies and procedures to allow for the same scrutiny that other Village expenditures receive." Trustee Hawkey returned to the Board.

Trustee Hawkey moved, second Klahn (after his arrival), carried to approve the minutes of 12-16-14. Trustees Leavy, McCallum, and Frandy abstained. Trustee McNaughton moved, second Hawkey, carried to approve the minutes of 2-9-15. Trustee Leavy abstained.

Attorney, Tim Fenner, Axley Brynelson, introduced himself as the Village's new attorney. He has 40 years of municipal law, representing a number of municipalities and special districts in the state. He has reviewed our website, reads our newsletters, gets notices of committee and board meetings, copies of minutes, and has seen sections of ordinances that are on our website. He has not received the employee handbook that would be given to the employment attorney in the firm. Asked what his top three issues trustees should be aware of, Fenner replied: #1 open records and open meeting law, #2 issues that are presented should have a thorough vetting before making into policy, #3 "Congeniality" for the Board to strive to work as a team. "Govern by consensus if at all possible. I don't like to see motions only settled by a majority, there should be consensus ." Fenner continued that many new Board members do not know the open meeting law and compliance and recommended the Attorney General's Office publication on their website at no cost. Asked what legal issues there are with social media, Fenner replied he does not like any social media that is interactive. "Open meeting and open records laws were written in the 1970's and have not changed with the times. Now we are trying to apply a law to technology that didn't exist when it was written." He suggested keeping it simple, have website for info only, not interactive. Email and twitter give an opportunity for interaction and possibly create a negative guorum. Until the law is modernized to include new technology, interactive social media communication is trouble for government entities. Both Trustee Hawkey and Britt Springer, chair of the Village's Electronic Media

Committee, stated the recreation committee uses Facebook and Twitter extensively to recruit users for the recreation's programs; however, what is posted is not interactive but informational only. Springer stated it should not be used to debate policy and display negative comments. Hawkey asked Fenner if there is any type of training for current village trustees, workshops on community issues throughout the year. Fenner stated the Attorney General's handbook for government officials is one of the best tools for training, and various webinars. Walsten reminded the conferences at the League of Municipalities are for that purpose. Trustee McCallum asked about an open records request from last November. Fenner stated the request needs to be made to the custodian with the timeframe for response to be reasonable. If there is a denial to the request, specific reasons have to be stated. President Walsten asked about electronic media case law, i.e., what emails do we keep or can delete? Fenner stated Trustees should only use a municipal email account and not use their personal email account for Village business. Under the law as written, personal notes or drafts are not necessarily public records. A private email on a public site is private per a Supreme Court ruling. Utility records need to be kept for seven years, receipts are nine years. Notice needs to be given to the State Historical Society for any destruction of records. Walsten asked what is the role of the village president? She stated the President is responsible for implementation of Board policy, which is the administrator's role in other communities and what are the other President functions. Fenner stated there have been lots changes in the role of government but read the Ordinance Chapter 2.02 giving the President authority for implementation of policy. "The President is the face of the Village and responsible for policy and procedures that have been authorized by the Board. It allows the President to be a care taker authority to administer what is in place until the Board meets to continue discussion. If an administrator is hired, the ordinance would need to be changed to specify authority for implementation of policy to that person. The President has executive capacity." Walsten asked about public meetings, i.e., location, access of where held, time of day. Fenner stated the WI Stats do not mandate any place or time but has to be accessible for everyone. Trustee Klahn arrived and asked about closed session meetings where material is handed out and notes are taken in closed session, and then taken out of the meeting. Fenner stated the Attorney General says notes should be taken in closed session and then sealed, recorded, and kept confidential until need for sealing no longer exists. Some can be permanently sealed dependent on the record. The practice should be that material handed out during closed session should be handed back in but is not mandated by Statute. It is a fail-safe mechanism to collect all documents from closed session. A breach of confidentiality can occur if documents leave the room. That person could be breeching their public duties. The issue is disclosure. An alderperson can be censured, have a public reprimand, and it could be grounds for removal from office. Walsten asked if village boards have latitude to draft policies about how to address these issue and Fenner agreed that the Village can decide how it wants to handle closed sessions and related materials.

Trustee Klahn moved, second Frandy, carried to suspend the rules and move up two agenda issues: **Municipal Court and Brooklyn Business Complex brokerage services. Municipal Court agreement** for the operation of the joint municipal court between the Villages of Belleville and Brooklyn was reviewed by Atty Fenner. Fenner stated the current agreement language is reflected in the merger agreement. Fenner questioned the need to create a commission of one representative from each Village + the Judge to govern the operation of court and create its budget, etc. Fenner asked if this additional administrative layer is necessary. The cost sharing formula is 50/50 on the original agreement. Other formulas could be used, i.e., equalized value, or population. The agreement needs to reflect whatever the communities want. Our Village Municipal Court exists until April 30th. There are only two options: bring an agreement to closure or create our own court again. Cost is an issue, governance issue can be resolved easily. Fenner said the agreement is OK otherwise. Walsten stated the cost sharing should be more detailed regarding fixed costs and municipal court clerk should be paid on usage basis. Fenner said Village representatives should get together and work out issues. A special election or temporary approval by District 5 would be needed if court brought back to the Village. Trustee Frandy stated three representatives from each municipality should meet and create draft revision. Belleville's attorney drafted the last agreement. Walsten created a cost sharing/savings document and stated this is clearly a cost savings for Brooklyn and Belleville. Hawkey moved, second McCallum, carried to send back to the Finance Committee for a special meeting before meeting with Belleville with target completion at the April Board meeting, however, McNaughton unavailable to motion changed to appoint Todd Klahn, Pat Hawkey and Nadine Walsten. Committee will need to meet before March 16th. Walsten will contact President Ward to set up the meeting.

Request for Proposals for hiring a broker/agent to provide commercial real estate and marketing services for the Brooklyn Business Complex was drafted by EDC. Frandy moved, second Leavy, carried to approve the RFP. Trustee Frandy said the broker would be responsible for reporting to the response team. Any contacts made to the Clerk would be turned over to the broker. Atty Fenner said the broker will be marketing the business complex and discuss the level of assistance or incentives that have been previously established.

Creation and appointment of members to the Prospect Management Team. Once the broker has a potential client, the next step would be for the business to meet with the prospect team. When a deal has been reached with the business, the final approval would be made by the Board. Discussion whether the prospect team should be established with names or positions, if the finance chair should be on the team, or more Board members. Walsten pointed out that Scott Meier's name was inadvertently left off the list but he is representing the EDC. Hawkey asked how long will the team last. Walsten said it will be as long as is needed to fill the business park. Trustee Klahn felt positions should be used as members could come and go. Klahn moved, second Hawkey, carried to accept the list of positions: attorney, Economic Development consultant, Executive Director of Green County Development Corporation, Chair of Economic Development Committee, Village President, Chairperson of Economic Development Committee, Chairperson of the Finance Committee, a second EDC member, and as needed the Village engineer, and Public Works Director. Consensus of the Board was this panel is a team and not a committee and no motion was needed. McCallum asked if the team has a statement as to what this team does, function/duties, goals, mission. The team will be providing the initial negotiation and is a vital resource to the broker and prospective business. Walsten stated the names of the current committee has to be named for the Board approval. Klahn agreed. The current membership of the Prospect Response Team is: Attorney Fenner, Mike Johnson, Executive Director of Green County, Colin Punt, Economic Development Consultant, President Nadine Walsten, Heatherkirkpatrick, Economic Development Chairperson, Scott Meier, Economic Development Committee member, John McNaughton, Chairperson, Finance committee. Atty Fenner left the meeting.

President Walsten reported attending the Wisconsin Economic Development Lobby Day and Conference, 2/11—2/13/15, Madison; attended Dane County Cities and Villages Meeting re: Dane Com, 2/25/15, Monona—update on DCCVA's discussion re: Dane Com and options for Phased approach for upgrades, 2015-2016 and/or evaluation study; and was a visitor at the Belleville Village Board meeting, 3/2/15.

Clerk Strause gave the monthly financial report for January with revenues of \$482,148.56, expenses \$941,755.68, and end of month balance for all funds \$2,111,111.80. A claim for excessive assessment filed in January by Tyson M Hall, was withdrawn on March 4, 2015, as procedures for objecting to the assessment were not complied with, namely no one contested the assessed values on Douglas Dr. at the 2014 BOR. Clerk Strause applied for supplemental 2008 CDBG disaster recovery assistance funds for a pump for the Village's ponds. All Dane County applications were denied by the State. Trustee McCallum requested quarterly budget reports.

Public Works-Well #2 RFP for motor maintenance resulted in two proposals being returned. The lowest bidder, Water Well Solutions bid \$8950, but agreed to the Village's budgeted price of \$8500. Committee recommends letting the bid to Water Well Solutions for \$8500 approved upon motion by

Frandy, second Leavy, carried. Klahn moved, second Hawkey, carried to approve re-designating the Public Works Committee as a Tree Board needed to apply for forestry grants, Tree City, etc. Frandy moved, second Klahn, carried to approve the **Emergency Chlorination Policy**. Klahn moved, second Frandy, carried to approve with changes the Sanitary Sewer Overflow Policy adding name and ph # of persons in the information form. Director Langer reported on lighting at the Community Building with twenty old ceiling fixtures that are still in need of replacing to energy efficient standards at a cost of \$1445.20. Nine outside lights with LED wall packs would cost \$1452.70, and six other fixtures throughout the building would cost \$350 to replace. Total cost would be \$3247.40. There would be \$310 on Focus on Energy Rebates leaving a final cost of \$2937.40. Committee recommended doing the project if funds could be found. Clerk Strause reported on reserve funds in the Capital Projects Fund that could be used. Klahn moved, second Hawkey, carried to approve the project at a cost of \$3247.40 with cost paid by the Capital Projects Reserve account. Langer stated PW staff would do the installation but may need outside assistance if there are hidden issues that arise. Spring dumpster days are set for 4-17 thru 4-26. Owner of the street sweeper company that was to do Village streets this year has passed away. A family member that was contacted requested two weeks to see if they are able to keep the business going. Village received a letter from the Wisconsin Rural Water Association with notification that the Village has been nominated by their peers in water and wastewater industries to receive the Water System of the **Year award** this year. Director Langer stated he would like to thank Leif Spilde, Utility Supt., and Curt Golz who work hard to earn this nomination. He requested Spilde and Golz attend the WRWA Conference in Green Bay March 25-26. If the Village is chosen for the award, a plague will be displayed at the Utility building. Frandy moved, second Leavy, carried to send Spilde and Golz to the conference. Also the Village will be featured in the next WRWA journal that will be out next month. Langer requested to purchase a sign with logos and address on it at a cost estimated at \$350 to be erected at the WWTP. Hawkey moved, second Klahn, carried to approve spending up to \$400 for a sign at the WWTP. Reports-annual PSC data given to Clerk, cross connection report done for the year, cold weather issues are resolved right now, new portable generator was used at a lift station for pumping due to power failure, staff are attending various meetings, ice rink is probably done for the season, work continues on tree maintenance.

Safety- Trustee McCallum gave the Chief's report. Trustee Hawkey moved, second McNaughton, carried to approve **Policy 107, Authorized Uniforms, Accessories, and Equipment.** An inventory of equipment that is being used and available was added to the policy. The Oregon School District is training their staff on the A.L.I.C.E. response plan and Officer Engelhart and the Chief attended the session with leadership staff of the Brooklyn Elementary School on March 2nd. The Dane Co. Chiefs of Police Association is preparing to roll-out CAPMAR in mid April in conjunction with Tornado Awareness Week. We are planning a training session on April 2nd and getting all of the Department response cards up to date. The Uniform Crime Report process is finally going electronic in April. The Chief will now be able to go online to prepare and submit the monthly reports. Hawkey moved, second Klahn, carried to approve the **Recreation Committee's Run/Walk for June 13th, 2015**. Hawkey moved, second Klahn, carried to approve the Barger indicating approximately one hour additional time per week will be needed for this position. Barger was told to come back to the Board if more time is needed. The Personnel Committee needs to meet soon to complete the process to hire a part time officer.

New Business-McNaughton moved, second Hawkey, carried, to chargeback 2013 Payable 2014 delinquent personal property taxes for Heros Training, Zach and Heather Vogel, in the amount of \$729.67 as recommended by the Finance Committee. Hawkey moved, second Klahn, carried to file with the Tax Refund Intercept Program the Village's share of the above delinquent personal property tax in the amount of \$236.31. Hawkey moved, second Klahn, carried to approve Resolution #2015-01 in Opposition to County Wide Assessment as proposed in Gov. Walker's state Budget for 2015-2017. Hawkey moved, second McNaughton, carried to approve **Resolution #2015-02 in Opposition to the Dissolution of the State Insurance Fund**, also proposed in Gov. Walker's budget.

Unfinished Business- Hawkey moved, second Frandy, carried to postpone until May when the new Board is seated the planning for **Capital Improvement Projects**. Chapters 25 Animals and 29 Building Regulations are not done. **General Engineering Company estimates the cost up to \$3700 to revise Chapter 29.** President Walsten stated this chapter has many unique aspects and should be written by someone who is experienced in this field. McCallum moved, second Hawkey, carried to refer Chapter 29 to the Ordinance Committee for review. Trustee McNaughton reported on the Finance Committee's recommendation for **sewer connection fees**. Currently the rates are by units only with no per meter size charge. Oregon and other communities of the same size have a structure that is by meter size. The Village's unit price is higher than the meter size variations. Strand also did a review of our structure with a proposal that is higher than our current structure. Klahn moved, second Frandy, carried, to accept the committee's recommendation which will use our unit prices for residential only, establishing a meter size rate structure for commercial, industrial, institutional up to a 3" meter size with a larger size determined by the Board. Both categories start out with a \$3,215 cost.

Consent Agenda-Frandy moved, second McNaughton, carried to approve payment of March 2015 bills as presented and an operator license for Nicole Stropich.

Committee Reports-Planning and Zoning-McNaughton moved, second Frandy, carried to conduct a public hearing on March 23 for Chapter 48-538 changing zoning from industrial to light commercial. McNaughton moved, second Leavy, carried to approve obtaining RFP's for Zoning Administrator services from General Engineering and RPS Solutions. Trustee McCallum voted Nay. The previous RFP for this service will be used. Walsten moved, second Frandy, carried to appoint Dan Olson to the PZ Commission. Ordinance-no report. Fire/EMS-Loan refinancing issue will be on the next Board agenda. EDC-will meet this week. **Recreation**-A run for kids will be held before the regular run/walk on June 13th. The July 4th contract with Dan Dean will be on the next agenda. A health and wellness expo will be held on Sept 19th, there may be a postcard mailing before dime-a-dip listing all of the recreation activities. Frandy moved, second Hawkey, carried to approve the recreation minutes from 12-4-14. Emergency Management-no report. Personnel-McNaughton moved, second Klahn, carried to approve a \$13.90 per hr wage retroactive to January 1st for Teresa Pelton until 4/30 as the Village's court clerk. Shirley Hardy, Police Dept secretary, requested after the budget was set last fall further review of her current 2015 wage at \$12.94. This will be further discussed during the next budget cycle for 2016 wages. **Finance-**Trustee McNaughton moved, second Hawkey, carried to approve the committee recommendation for Deputy Clerk Brewer to attend the International Institute of Municipal Clerk's annual convention May 17-20, 2015 in Hartford, Conn. at a cost not to exceed \$1500. The conference registration cost will be reimbursed by a scholarship from WMCA. Chief Barger's request to transfer unspent 2014 funds to the 2015 budget for IT expenses was recommended for approval of \$2500 by the committee. Klahn moved, second Hawkey carried to transfer \$2500 from 2014 to 2015 budget. Recycling-no report. Electronic **Media**-Chair Springer reported the committee met and is working on a draft for their mission and goals.

Klahn moved, second Frandy, carried to adjourn at 9:10 p.m.

Carol A Strause, Clerk-Treas.

President's Letter Nadine S. Walsten March, 2015

Well, if this stretch of 50 degree weather is March's idea of "coming in like a lion", I'm all for it! What a rapid thaw!! What a wonderful week!

At Board on Monday night, we had an informal Q&A with our new attorney, Tim Fenner from Axley Law Offices. It was an introduction to the Board as part of his orientation to the Village combined with discussions on the municipal court merger and the appointment of a Prospect Response Team for individuals who who wish to build in the business park. His three priorities that he wants to see the Board follow are a) Open Records and Open Meetings Laws; b) thoroughly vett any issue before making a decision, and c) for the Board to strive to work as a team, where congeniality among board members is achieved. "I want to see Boards reach a consensus. I don't like to see motions that are always reached only by a majority."

It is construction season again and we have some excellent developments in our local economic development picture: We have one new business downtown, the Teeter property is being rehabilitated, the addition/remodeling to the elementary school plans are coming forward to the Planning Commission, one downtown business is rehabilitating the "old lumberyard" building and another downtown business is planning to build this summer. The Economic Development Committee is planning to advertise the business park on Big Radio which covers southern Wisconsin and Northern Illinois from Dubuque to Kenosha. EDC sent out request for proposals to one-hundred thirty-one commercial real estate brokers, developers, funders, etc etc. which is excellent publicity to our target market. In addition to this publicity, EDC will interview and refer for approval to the Board, to hire a commercial real estate broker/agent to work in tandem with our economic development consultant and the Executive Director of the Green County Development Corporation. Finding potential tenants requires a wide ranging full court press. Myself and Heather Kirkpatrick, EDC Chairperson, remain the contact persons for the Village for potential business park tenants. Based on recent inquiries, I'm feeling very positive about increased interest in our business park. I said in January I felt in my heart we would have a tenant this year and I believe that still.

Other highlights from your local government:

1. There is a public hearing on March 23, 2015 at 6:30 Village Hall conference room to change the Industrial District Zoning (essentially Market Street businesses) to Light Commercial Zoning. This is to have the zoning reflect the current businesses. "Industrial" in 2015 usually means large square footage buildings, not near residential, and not like our businesses on Market or First Streets.

2. The Electronic Media Committee met for the first time and is drafting purpose, goals and usage policies to govern our social media and electronic media accounts. Personnel Committee is also working on social media policies for our employees.

3. The Walker budget proposed eliminating local assessor services and have county wide assessment for all municipalities in that county. This will be costly to implement and will cost the local governments much more than our current system. The Board approved a resolution opposing the dissolution of our current assessment system on the local level.

4. The second Walker budget issue was the abolishment of the state wide insurance fund that provides property insurance coverage for over a thousand local municipalities, including Brooklyn, which is much cheaper than the private insurance sector. The Board approved a resolution opposing this plan as well because the costs to the local municipality are projected to be much higher.

This is the last President's letter before the election of April 7th, the first Tuesday in April. Each year I encourage you to vote—this year there isn't a big ballot for state offices, but for each election on the local level, it is a BIG DEAL and you need to make your voice heard at the polls. Of a seven member Village Board, each year there are three open seats for trustees and every other year, there is a Village President election. Each year the Board has the potential to turn over 50% or more and that is why it is so important you cast your vote each April. As you know, I grew up in a family that grieved for our war dead from World War II so the right to vote wasn't a "nice thing to do"—it was a gift you carried to the ballot box.

-Nadine

Brooklyn Recreation Looking for Dishes for our 23rd Annual

Jour Neigh



If you want to donate and / or help us with the Dime A Dip Dinner please contact: Stacey at 455-1150 or Recreation@brooklynwi.gov for more information. www.BrooklynRecreation.org | www.facebook.com/BrooklynRecWI

ime a .

Village of Brooklyn

Got a Dish?

PUBLIC WORKS DEPT

Spring Clean Up Dumpster

Fri. April 17^{th} - 1 pm - 7 pm Sat. April 18^{th} - 10 am - 4 pm Sun. April 19^{th} - 10 am - 2 pm Mon thru Fri - 7 am - 7 pm (Apr 20^{th} - 24^{th}) Sat. April 25^{th} - 10 am - 4 pm Sun. April 26^{th} - 10 am - 2 pm Dumpster will be located at the

Treatment Plant – Windy Lane (S. end of Village on Hwy 104)

ELECTION INFO

The Spring election will be held on Tuesday, April 7th. Polls will be open from 7am-8pm at the Brooklyn Community Building 102 N Rutland Ave (lower level)



SENIOR POTLUCK LUNCH Thursday, March 26, 2015 Noon Brooklyn Community Building kitchen



Village Wide Garage Sales Friday, Saturday April 24 & 25 (Watch for Ad Purchase in Oregon Observer) "Annual Business Expo" Open to all businesses in the Brooklyn Area-Saturday April 25, 2015 8:00 am to Noon "Brooklyn Community Building" 102 N. Rutland

Booth space is FREE for Brooklyn Area Chamber of Commerce members and non-profits. Non-members - \$40 per booth, approximately 10' X 15". Set-up time is Friday evening, 5 – 9 pm or Saturday morning 6 am. Reserve your space by Friday April 10th to be included

in the Expo Brochure. Booths must be reserved no later than April 17th. DOOR PRIZE-

2 TICKETS TO THE KALAHARI And many others donated by local businesses, organizations and crafters. Need not be present to win. No Admission charged.

3 Speakers starting at 8:30 am. - Levi Cutler CFP,AIF Certified Financial Planner, "Protect Your Identity"

- Robert B Helvey, Middleton Community Bank, "Mortgage Lending for Small Businesses"

- Dane Buy Local, "What is Dane Buy Local All About"

Application for the expo or more

information contact the chamber: Brooklynareachamberwi@outlook.com

608-628-2755



EMS/Fire Department Card Party

When: Saturday, April 11th Time: 6:30pm Where: At the Fire Station 401 W Main St. Watch the Brooklyn Fire/EMS Facebook page for more details! <u>https://www.facebook.com/page</u> <u>s/Brooklyn-WI-Fire-and-</u> <u>EMS/221972501772?sk=photos</u> <u>stream&ref=page_internal</u>

POLICE DEPARTMENT

Activity for February

Animal	1
Traffic Incidents	21
Assists	5
Traffic citations	7
Traffic warnings	1
Parking violation	1
Open Records request	5
Thefts	2
Misc comp/arrests	1
Drug charges/comp	7
Disturb/disorderly	1
Juvenile offens/comp	1
Financial/Fraud	<u>6</u>
Total	59

News from Your Senior Center By Rachel Brickner

Did you know?

- More than one third of adults age 65 or over fall each year.
- Falls are the leading cause of injury, hospital admissions for trauma, and death for older adults.
- 35% of people who fall become less active.

If you could do something to reduce your risk of falling by almost 50%, would you? Stepping On is a well-researched falls prevention program which greatly reduces the number of falls experienced by the seniors who complete the course. The Oregon Area Senior Center is pleased to be hosting this program this spring, and encourages seniors to take advantage of it. The Stepping On program meets for two hours a week for seven weeks. It will be held on Thursday afternoons from 1:30 to 3:30 from April 23 to June 4. Participants work with a variety of professionals, including a registered nurse, a physical therapist, a pharmacist, a vision consultant and a safety officer.

This program is meant to benefit those age 65 and over, who are living at home, and who are either fearful of falling or who have had a fall in the past year. It is not appropriate for those who have dementia, or for those who regularly use a walker. Stepping On covers a variety of topics, from what to look for in safe footwear to simple and fun balance and strength training, and from the role vision plays in keeping your balance to how to check your own home for safety.

The Senior Center offered this program previously, and the participants gave it very high marks. There is a charge of \$35 for this program, but scholarships are available. The charge helps cover the cost of instruction, guest expert presentations, printed materials and snacks. We encourage seniors to take advantage of this opportunity to reduce your risks of falls, your risk of injury, hospitalization and even death.



April 2015

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
			1 Zumba-6:30p	2 Safety mtg- 6:00pm Recreation mtg- 7:30pm Pound-6:30p	3	4 FREE movie night 7pm Tone-9a
5 To replace tip text with your own, just click it and start typing.	6 Ordinance mtg- 7:00am Yoga Bliss-6:30p	7 Spring Election 7a-8p Tire,oil,battery pickup	8 Finance mtg- 5:00pm Zumba-6:30p RECYCLING	9 Pound-6:30p	10	11 Yoga Body Bootcamp- 9am
12	13 Village Board- 6:30pm Yoga Bliss-6:30p	14	15 Zumba-6:30p	16 Pound-6:30p	17 Dumpsters 1p- 7p	18 Dumpsters 10a-4p Tone-9a
19 Dumpsters 10a-2p	20 Dumpsters 7a- 7p Yoga Bliss-6:30p	21 Dumpsters 7a- 7p	22 Dumpsters 7a- 7p Zumba-6:30p RECYCLING	23 Public Works mtg-6:00pm Dumpsters 7a- 7p Pound-6:30p Senior Potluck	24 Dumpsters 7a- 7p Village Garage Sales	25 Dumpsters 10a-4p Village Garage Sales Business Expo 8a-12p Yoga Bootcamp-9a
26 Dumpsters 10a-2p	27 Planning/Zoning mtg and Public Hearing – 6:30pm Yoga Bliss-6:30p	28	29 Zumba-6:30p	30 Pound-6:30p		

notes

CHECK OUT OUR WEBSITE FOR MORE INFO: WWW.BROOKLYNWI.GOV